

# ALEXANDRA FISHER

LICENSED CLINICAL SOCIAL WORKER



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## Professional Summary

Licensed Clinical Social Worker with ten years of experience in mental health and substance use counseling, clinical supervision, and community program leadership. Owner of a virtual private counseling practice. District Director for a Pennsylvania State Senator, organizing large-scale community events, leading constituent services and overseeing all scheduling. Currently pursuing a Master's degree in Jewish Studies through Gratz College's Jewish Chaplaincy program, with a goal of bringing spiritually integrated care to clients and communities.

## Professional Experience

### ALEXANDRA FISHER THERAPY, VIRTUAL PRIVATE PRACTICE

#### Founder & Licensed Clinical Social Worker | 2021 – Present

- Founded and operate a virtual counseling practice as sole owner and practitioner
- Provide supportive, person-centered counseling through secure telehealth to clients in New York and Pennsylvania
- Retained nearly all original clients (25+) for 8+ years, reflecting strong, lasting therapeutic relationships
- Guide and advocate for individuals through some of the most difficult and vulnerable periods of their lives, providing consistent, person-centered support that helps them move from crisis and instability toward lasting change
- Draw on CBT, Motivational Interviewing, and trauma-informed approaches tailored to each client's goals
- Manage all business operations, including intake, scheduling, documentation, billing, and compliance

### SENATE OF PENNSYLVANIA

#### District Director, Senator Cappelletti | December 2021 – Present

- Lead the district office's constituent services team, supervising 2–3 staff members and Master's-level students
- Manage all in-district scheduling for the Senator and staff, coordinating meetings, community appearances, and events across the district
- Plan and run community events for 200+ attendees from concept to completion, including the annual Kids' Fair and multiple resource fairs each year
- Oversee event logistics end to end: venues, community partners and vendors, staffing and volunteers, promotion, and day-of operations
- Coordinate with state agencies to resolve constituent concerns and build community relationships that help inform legislative decision-making

### ELDERNET OF LOWER MERION AND NARBERTH, BRYN MAWR, PA

#### Program Supervisor, Care Management | December 2020 – December 2021

- Supervised two full-time Care Coordinators and Master's-level students
- Developed and implemented program policies and procedures, including updated client and staff manuals
- Streamlined the intake process and led infrastructure changes that improved

**ELDERNET OF LOWER MERION AND NARBERTH, BRYN MAWR, PA****Social Worker / Community Outreach Specialist | August 2019 – December 2020**

- Provided supportive counseling, resource referrals, and benefits assistance to individuals and families, coordinating care with community agencies
- Organized fundraisers and community events supporting ElderNet programs, including the food pantry

**SOUTH SHORE COUNSELING CENTER, WANTAGH, NY****Clinical Social Worker | July 2018 – November 2021**

- Provided individual counseling for substance use and mental health concerns
- Developed and led CBT groups helping young women manage anxiety, build coping skills, and strengthen social skills

**THE FORTUNE SOCIETY, LONG ISLAND CITY, NY****Clinical Social Worker & HIV Educator | January 2017 – July 2018**

- Provided individual and group counseling addressing substance use, mental health, trauma, poverty, and justice involvement
- Developed group education on HIV and reproductive health; organized quarterly health fairs offering same-day screenings
- Served on the crisis management team, LGBTQIA alliance, and in-house arts committee

**LONG BEACH REACH, INC., LONG BEACH, NY****Clinical Social Worker | February 2015 – January 2017**

- Provided individual and group therapy for substance use and co-occurring disorders, focused on coping and relapse prevention
- Conducted comprehensive intakes and DWI assessments; collaborated with nurse practitioners and psychiatrists on treatment
- Supported the Intensive Outpatient Program and trained interns and staff in behavior modification and policy compliance

## Education

**GRATZ COLLEGE, BALA CYNWYD, PA**

Master of Arts in Jewish Studies, Advanced Certificate in Chaplaincy, and Clinical Pastoral Education (CPE) | Expected 2028

**FORDHAM UNIVERSITY, NEW YORK, NY**

Master of Social Work | May 2016

**STATE UNIVERSITY OF NEW YORK AT NEW PALTZ, NEW PALTZ, NY**

Bachelor of Arts, English Language and Literature &amp; Creative Writing | December 2010

**ECORNELL**

Certificate in Performance Leadership | September 2021

## Skills

Motivational Interviewing · Cognitive Behavioral Therapy (CBT) · Cognitive Behavioral Intervention for Trauma · Crisis Intervention · Substance Use Counseling · Mental Health Counseling · Family Therapy & Mediation · LGBTQIA+ Affirming Care · Parenting & Social Skills Training · Clinical Supervision · Event Planning · Program Development